

Pleasant Valley Lunch Menu

October 2018

1

Pizza Hut Pizza Chicken Patty Sandwich Popcorn Chicken Salad Ham Hoagie

French Fries Diced Peaches 2

Chicken Mashed Potato Bowl/Mini Soft Pretzel Cheese Pizza Sticks/Sauce Popcorn Chicken Salad Ham Hoagie

Sliced Carrots Applesauce 3

Walking Taco Chicken Tenders/Roll Popcorn Chicken Salad Ham Hoagie

Pinto Beans Watermelon 4

Pancakes/Sausage Hot Dog

Popcorn Chicken Salad Ham Hoagie

Cauliflower Diced Pears 5

Pasta Bar

Pork BBQ Sandwich Popcorn Chicken Salad Ham Hoagie

Peas & Carrots Kiwi & Strawberry Cup

8

Cheese Pizza

Meatball Sub All American Chef Salad Pita/Veggie/Hummus Kit

Sliced Carrots Diced Peaches 9

Orange Popcorn Chix /Rice

Grilled Cheese All American Chef Salad Pita/Veggie/Hummus Kit

Steamed Broccoli Applesauce 10

Nachos Grande

Chicken Nuggets /Breadstick All American Chef Salad Pita/Veggies/Hummus Kit

Corn Grapes 11

Waffles/Sausage

Cheeseburger All American Chef Salad Pita/Veggies/Hummus Kit

Hash Brown Pineapple Tidbits 12

Cheese Quesadilla

Mini Corn Dogs All American Chef Salad Pita/Veggies/Hummus Kit

Baked Beans Mandarin Oranges

15

Pizza Hut Pizza

Chicken Patty Sandwich Fruit & Cheese Platter Ranch Chicken Wrap

French Fries Diced Peaches 16

Shrimp Poppers /Breadstick

Cheese Pizza Sticks/Sauce Fruit & Cheese Platter Ranch Chicken Wrap

Green Beans Applesauce 17

Walking Taco

Chicken Tenders/Roll Fruit & Cheese Platter Ranch Chicken Wrap

Pinto Beans Blueberries 18

Pancakes/Sausage

Hot Dog Fruit & Cheese Platter Ranch Chicken Wrap

Cauliflower Diced Pears

19

Pasta Bar

Chicken Popcorn/Roll Fruit & Cheese Platter Ranch Chicken Wrap

Sliced Carrots Fruit Cocktail

22

Cheese Pizza

Chicken Patty Sandwich Buffalo Chicken Salad Italian Hoagie

Tater Tots Diced Peaches 23

Chicken Nugget Bowl /Roll

Grilled Cheese Buffalo Chicken Salad Italian Hoagie

Baked Beans Applesauce 24

Nachos Grande

Chicken Nuggets /Breadstick Buffalo Chicken Salad Italian Hoagie

Corn Grapes 25

No School

26

No School

29

Cheese Pizza

Chicken Patty Sandwich Chicken Caesar Salad Turkey Hoagie

Green Beans Diced Peaches 30

Breaded Drumstick/Roll

Grilled Cheese Chicken Caesar Salad Turkey Hoagie

Mashed Potatoes/Gravy Applesauce 31

Chick Soft Tacos/Rice

Chicken Nuggets /Breadstick Chicken Caesar Salad Turkey Hoagie

Baked Beans Grapes 1

Waffles/Sausage

Cheeseburger Chicken Caesar Salad Turkey Hoagie

Sliced Carrots Pineapple Tidbits 9

Chicken Parm w/ Pasta

Mini Corn Dogs Chicken Caesar Salad Turkey Hoagie

Steamed Broccoli Mandarin Oranges

Daily Features:

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt SunButter & Jelly Sandwich Apples, Oranges & Bananas Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



This institution is an equal opportunity provider.